

Working together to end domestic & sexual violence



Working together to end domestic
& sexual violence in Southampton

Pippa Helpline - 023 8091 7917

www.pippasouthampton.org

Boost your home security and personal safety.

Emergency plan for what you would do and where you would go.

Safety – plan escape routes out of your home.

Ask someone you trust to dial 999 if they are worried about your safety.

Friends and family can keep an emergency bag for you. Include clothes, personal possessions and children's favourite things.

Ensure you have a small amount of money for emergencies and keep important numbers with you.

Remember to keep your ID, keys, rent book, tenancy agreements, mortgage details, insurance documents and national insurance details safe.



Working together to end domestic
& sexual violence in Southampton

Pippa Helpline - 023 8091 7917

www.pippasouthampton.org